



family support

Developed by the BC Association of Family Resource Programs

Definition of Family Support:

Family Support is defined as an integrated network of community-based resources and services that strengthens parenting practices and the healthy development of children. A healthy parent is a healthy child.

Family Support Characteristics:

- Family driven, meaning there is a true partnership with families
- Comprehensive, flexible, and individualized to each family based on their culture, needs, values and preferences
- Builds on strengths to increase the stability of family members and the family unit
- Utilizes informal and formal delivery models

Family Support Results:

- Increased parent confidence and competence in their parenting abilities
- Safe, stable and supportive families who are connected to their communities
- Enhanced and continuous health, growth and development of children and adults in the family unit

Healthy parenting and healthy child development are inextricably linked.

“A stronger parent equals a stronger child”

Reference Sources:

Adopted from – Family Preservation and Support Services Program Act, 1993, Dunst, Trivette, and Thompson, 1990, Family Support America, National Center for Family Support, and Family Centered Services – Early ACCESS