



FAMILY RESOURCE PROGRAM CERTIFICATE NEW



The Centre for Counselling and Community Safety, in partnership with the BC Association of Family Resource Programs, is offering the Family Resource Program Certificate.

The 12-day (6 credit) Family Resource Program Certificate is experiential and cognitive, competency-based training for workers who support and assist parents of young children in dealing with a wide range of challenges including child development, economic stress, adaptation to a new country and culture, separation and divorce, family violence, or mental health issues. You will complete a unique offering of courses that will increase your ability to address family functioning and assist parents or caregivers with their children's social, cognitive, emotional and physical development.

Who should attend

The Family Resource Program Certificate is for family support practitioners, particularly those in prevention-focused parent /child engagement programs, including:

- Practitioners currently working in the Family Resource Program Field
- Individuals seeking careers in Family Resource Programs and related fields such as early learning centres
- Practitioners working in other fields who want to expand their knowledge in the areas of prevention-focused family support

How to apply

We recommend that you apply at least two months before the certificate begins, as it can take up to five working days to process an application. Once an applicant is accepted, we suggest registering at least one month before the classes begin as seating is limited.

- Download an application form from www.jibc.ca/cccs
- Include your resume and a work letter of reference with your application form.

- Once your application has been approved, please register directly with the Student Services Centre at 604.528.5590.
- There is a \$50 non-refundable application fee.

How the certificate and courses are offered

Courses are open to certificate students only. However, all or part of the certificate can be offered on a contract basis and customized for your organization, agency or group. For further information please contact the Program Coordinator at 604.528.5628 or counselling@jibc.ca.

How to complete the certificate

Participants must attend and complete all courses within the assigned timeline below. Successful completion of all readings, learning journals, group projects and written assignments is required to receive the certificate.

Program fee

The certificate is currently available at no cost to eligible employees working in Family Resource Programs (FRP), however seats are limited. Please note, subsidies do not cover application fees, travel, and accommodation expenses. Other individuals working in related fields may also apply, but priority will be given to employees working in funded FRP programs.

For more information

Program Coordinator
604.528.5628 or counselling@jibc.ca

Program Assistant
604.528.5875 or counselling@jibc.ca

1 START HERE:

Complete the courses in the following sequence (see course descriptions beginning on page 39).

- **Roots and Principles of Family Resource Programs in Canada (FMRS101)**
- **Family Resource Program Approach to Practice (FMRS102)**
- **Child Development (FMRS103)**
- **The Skilled Practitioner: Communicating Effectively (FMRS104)**
- **Understanding Family Diversity (FMRS105)**
- **Working with Vulnerable Families (FMRS106)**
- **Supporting Families of Children with Special Needs (FMRS107)**
- **Program Planning and Evaluation (FMRS108)**

2 Complete the final assignment within two weeks of completing the final core course.

3 **Graduation Ceremony**
Stay connected! Come back as a lifelong learner for professional development.

COURSES

Roots and Principles of Family Resource Programs in Canada (FMRS101)

This course covers the fundamental characteristics of Family Resource Programs and the social movements, values and practices that have influenced the development of programs in Canada. It covers the key principles used Canada-wide and the niche and core service areas of parent/child engagement programs. You will discuss the six valued practices of family resource programming. This course is a prerequisite for all courses in the Family Resource Program Certificate.

Date(s): Oct 20-21, 2010 – NWC

Family Resource Program Approach to Practice (FMRS102)

This course examines the key FRP approaches to practice while exploring how personal values, beliefs and biases affect your work with families. You will examine the links between ECD research and the intended FRP outcomes for children, parents and communities. The importance of reflective practice and how it can be applied to your work will be examined. You will also discuss the legal and ethical responsibilities in the areas of confidentiality, privacy and responding to child protection concerns.

Date(s): Oct 22-23, 2010 – NWC

Child Development (FMRS103)

You will learn how your work can promote positive childhood outcomes by examining the neuroscience of early brain development and the impact of the environment on healthy child development. This course covers the typical developmental stages of children between 0-6 years while analyzing strategies to facilitate mastery of key developmental tasks. You will discuss the physical, emotional, psychological and behavioural indicators of serious issues and identify specific strategies to support parents in addressing these issues.

Date(s): Nov 17, 2010 – NWC

The Skilled Practitioner: Communicating Effectively (FMRS104)

This course examines the core communication skills: active listening, communicating empathy, effective use of questions and clear messaging. You will learn how to apply communication skills to situations with families with particular attention to basic conflict resolution skills. You will also learn how to differentiate between "rescuing" behaviours and providing strength-based support.

Date(s): Nov 18, 2010 – NWC

Understanding Family Diversity (FMRS105)

This course identifies the social, economic, cultural and structural diversity of families while describing the specific approaches, strategies and programs to facilitate inclusion. You will increase your understanding of the impact of immigration, and adaptation to a new culture on family life and parenting. You will learn about the impact of discrimination and how to apply this understanding to your work. You will also learn the specific historical and social context of Aboriginal children and families in BC. This course examines the family life cycle, stages of parenting and the impact of poverty, low literacy, trauma, physical/mental disabilities and family violence on the child's mastery of developmental tasks.

Date(s): Nov 19-20, 2010 – NWC

Working with Vulnerable Families (FMRS106)

This course will cover the attitudes and values required to work effectively with vulnerable families and the skills needed to support these families. You will examine parenting styles and their impact on disciplinary practices. You will learn the difference between effective forms of discipline, inappropriate punishment, and your role in modeling appropriate discipline strategies. This course examines the various forms of abuse as well as signs and indicators. You will discuss the practitioner's responsibility and the importance of accessing resources to ensure children are safe from abuse and neglect.

Date(s): Jan 19, 2011 – NWC

Supporting Families of Children with Special Needs (FMRS107)

This course examines the scope of special needs of the children who are likely to attend FRP programs. You will learn specific approaches that promote engagement and inclusion of children with various special needs. Examination of the research will provide an understanding of how practitioners can support parents in addressing challenges arising from their child's needs, and how you can design a space that facilitates involvement and inclusion.

Date(s): Jan 20, 2011 – NWC

Program Planning and Evaluation (FMRS108)

This course examines the use of logic models to design effective programs. You will learn the importance of connections and partnerships among service providers in program planning and evaluation. The purpose, methods and differences of monitoring and evaluation will be covered. You will discuss the significance of policies and procedures based on program standards to ensure accountability, appropriate risk management and effective performance. You will also have an opportunity to synthesize your knowledge and skills learned in the certificate through case study presentations.

Date(s): Jan 21-22, 2011 – NWC

Win a Free Course!

Sign up for our e-letter distribution list and have the latest information on courses, events and customized solutions delivered to your inbox. Plus we will enter your name in our quarterly draw for a free course. Sign up at www.jibc.ca/cs/jd/signup.asp